

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Leonard  
Mhangwana**

Has successfully participated & completed the

**32km SA Run 4 Cancer Ultra Marathon 2019**

held at Polokwane Rugby Fields.

**TIME 04:15:15**

**PACE 07:57/km**

**GENDER 248 of  
303**

**OVERALL 310 of 438**

**40+ 86 of 105**

26 October 2019, Sat

Date



*BoutTime*

Signature

